

PROGRAMME SCHEDULE FOR THE INTERNATIONAL TRAINING OF TRAINERS IN GERIATRICS. BENIN CITY, NIGERIA. 9-14 MARCH 2020						
	Monday 9 March	Tuesday 10 March	Wednesday 11 March	Thursday 12 March	Friday 13 March	Saturday 14 March
7:00-8:00 am	Breakfast and networking					
8:00-9:00 am	Registration	Recap. Registration	Recap. Registration	Recap. Registration	Recap. Registration	Departure
9:00-10:00 am	Icebreaker <i>All</i> Welcome address <i>Prof. D.E. Obaseki</i>	Furthering quality healthcare for older persons in developing countries through collaborative research: the Ibadan Ageing Research experience <i>Prof. Adesola Ogunniyi</i>	“ACE”, “PACE” and other models of care in Geriatrics: adapting models to healthcare needs of older persons in Africa <i>Matthew McNabney MD</i>	Dealing with multi-morbidity in older persons with limited healthcare resources <i>Matthew McNabney MD</i>	The worst villain amongst the “Geriatric Giants” <i>Prof. Obehi Akoria</i>	
10:00-10:45 am	Course overview and objectives; goal setting <i>Prof. Obehi Akoria</i>	Healthy public policy, public health policy and healthy ageing across the life course: addressing challenges in Africa <i>Dr. Ahmed Saidu</i> <i>Dr. Emem Omokaro</i> <i>Dr. Ekhosuehi Oghator</i>	Community-based Geriatrics: the Nigerian experience <i>Prof (Mrs.). Evelyn Unuigbo</i> <i>Dr. Lawrence Adebuseye</i> <i>Mrs. Ifueko Omoigui Okauru</i>	Integrating physical and occupational therapy in the acute care of older persons <i>Mrs. Seun Kubeyinje</i> <i>Mrs. Sola Emore</i>	Finding joy at work: Intelligence Quotient, Emotional Quotient, Adversity Quotient & Spiritual Quotient for effective geriatrics teams <i>Prof. Caroline Ofovwe</i> <i>Dr. Omoruyi Osunde</i>	
10:45-11:00 am	Ergonomic/tea break					
11:00 am -12:00 pm	History and growth of Geriatrics <i>Matthew McNabney MD</i>	Barriers to quality healthcare for older persons in Nigeria: patients, caregivers’ and healthcare providers’ perspectives <i>Panelists: older persons, healthcare providers & caregivers of older persons</i>	Adapting care models in Geriatrics to local realities: the UBTH and UCH experiences <i>Prof. Obehi Akoria</i> <i>Dr. Lawrence Adebuseye</i>	Nursing the multi-morbid, complex older patient: what training in Geriatrics adds <i>Mrs. Eunice Ugorji</i> <i>Mrs. Sophia Nwaka</i>	A situational analysis of the readiness of primary care providers to meet the complex healthcare needs of older persons: Nigeria as a case study, and recommendations for improvement <i>Dr. Vivian Abah</i>	In-house meeting of the UBTH Geriatrics Team with international facilitators
12:00 pm - 1:00 pm	Opening ceremony and launch of the Elder Friendly Hospitals Initiative (ELDFRHI)	Improving access to quality healthcare for older persons in resource-limited settings using Information and Communication Technology <i>Mr. Jonah Adams</i>	Caregiver burden <i>Prof. Obehi Akoria</i> <i>Iyom (Mrs.) Josephine Anenih</i>	Practice pearls from the journey of a medical registrar in Geriatrics <i>Dr. Esosa Idemudia</i>	End of life and bereavement care <i>Matthew McNabney MD</i>	
1:00-2:00 pm		The psychology of ageing <i>Prof. (Mrs.) Caroline Ofovwe</i>	Role play	Training programmes in Geriatrics <i>Matthew McNabney MD</i>	Workplace ergonomics <i>Mrs. Seun Kubeyinje</i> <i>Mrs. Sola Emore</i>	
2:00 -3:00 pm	Lunch, exhibitions and networking					
3:00 -4:00 pm	Workshop I <i>Setting the minimum for meeting the healthcare needs of older persons in Africa</i>	Workshop II <i>Are specialized geriatrics services needed in resource-limited settings in Africa?</i>	Workshop III <i>Models of healthcare for the elderly in traditional African settings: what we can learn</i>	Fun time	Closing	
4:00 -4:30 pm	Feedback and closing	Feedback and closing	Feedback and closing	Feedback and closing		